



# SEASONAL FRUIT GUIDE

**D' Autor**  
market





## Quinta Diagares

Quinta Diagares, in Valadares, municipality of Baião, is located in one of the Portuguese municipalities with the best environmental quality, with the highest percentage of green and forest area in the district of Porto.

Once visited by Visigoths and Romans, and surrounded by a magnificent landscape, between vineyards and mountain landscapes, cut by the river Douro, the region offers the proper environment for gastronomic virtuosity.

According to tradition, next to Quinta Diagares passes the Camino de Santiago; and here the pilgrims were lodged. Quinta Diagares & D'Autor Market are committed to responsible eating and creating local jobs.







# KIWIS

	Mar				
PRIMAVERA	Abr				
	Maio				
	Jun				
VERÃO	Jul				
	Ago				
	Set	X	X	X	X
OUTONO	Out	X	X	X	X
	Nov	X	X	X	X
	Dez	X	X	X	X
INVERNO	Jan	X	X	X	X
	Fev	X	X	X	X

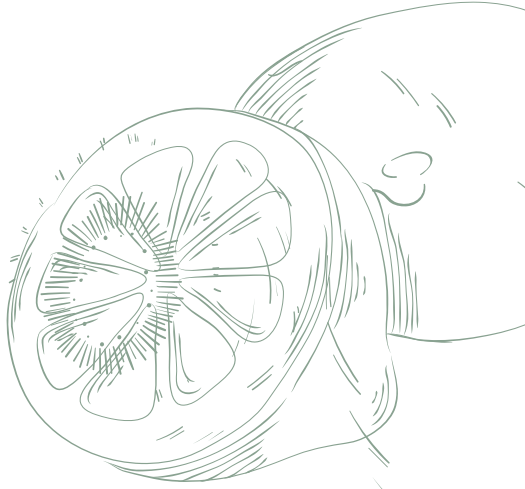




# LEMONS



	Mar	X	X	X	X
PRIMAVERA	Abr	X	X	X	X
	Mai	X	X	X	X
	Jun				
VERÃO	Jul				
	Ago				
	Set				
OUTONO	Out				
	Nov				
	Dez				
INVERNO	Jan	X	X	X	X
	Fev	X	X	X	X





# BLUEBERRIES

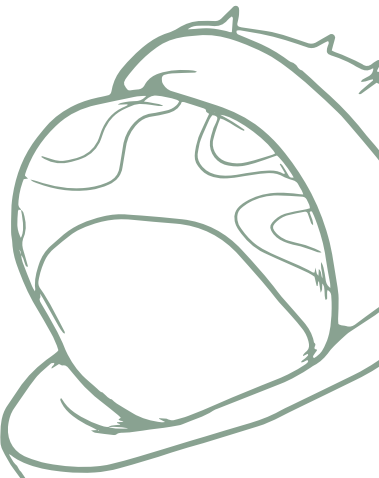


	Mar			
PRIMAVERA	Abr			
	Mai	X	X	X
	Jun	X	X	X
VERÃO	Jul	X	X	X
	Ago			
	Set			
OUTONO	Out			
	Nov			
	Dez			
INVERNO	Jan			
	Fev			





# CHESTNUTS





# HAZELNUTS

A rectangular paper tag with a string tied around the top. The tag features a seasonal calendar for hazelnuts. The months are listed vertically on the right side, and the seasons are listed on the left. 'X' marks indicate the months when hazelnuts are available or harvested.

	Mar	
PRIMAVERA	Abr	
	Mai	
	Jun	
VERÃO	Jul	
	Ago	
	Set	
OUTONO	Out	X X X X
	Nov	X X X X
	Dez	X X X X
INVERNO	Jan	
	Fev	





# SUSTAINABLE, BALANCED AND NATURAL AGRICULTURE!

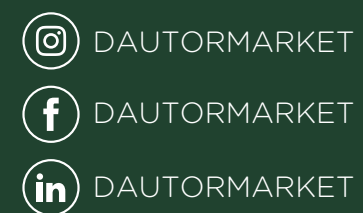
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